



**Group Schedule**

In-Person, TeleHeath, Hybrid Groups\*

Day	Start	End	Gender	Typ*	Office	Counselor	Comment	Group Code
<b>Aftercare / Continuing Case (AC)</b>								
Monday	7:00 PM	9:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Aftercare / Relapse Prev	MAC-RP
<b>Anger Management Therapy (AM)</b>								
Wednesday	4:00 PM	6:00 PM	All	IP	Lakewood	C Wolfe, BS, CAS		WAM
Wednesday	6:00 PM	8:00 PM	All	IP	Lakewood	C Wolfe, BS, CAS		WAM2
<b>Cognitive Restructuring Therapy (COG)</b>								
DUI Level II Therapy								
Monday	4:00 PM	6:00 PM	Male	IP	Commerce	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety for Men	MSS-M
Monday	6:00 PM	8:00 PM	All	IP	Arvada	J Helm, BS, CAS		MCOG3
Monday	6:00 PM	8:00 PM	Female	IP	Commerce	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety for Women	MSS-F
Tuesday	11:00 AM	1:00 PM	All	IP	Commerce	B Tobin, BA	DBT w/Cog Behavior Tx	TDBT1
Tuesday	11:00 AM	1:00 PM	All	IP	Arvada	C Wolfe, BS, CAS		TT2-AM2
Tuesday	3:00 PM	5:00 PM	All	TH		K Scott, MA, LPC		TCOG4
Tuesday	4:00 PM	6:00 PM	Female	IP	Lakewood	V Medina, MA, LPCC, NCC	Seeking Safety. Grant Funds	TSS-F
Tuesday	6:00 PM	8:00 PM	All	IP	Lakewood	C Wolfe, BS, CAS		TCOG2
Wednesday	4:00 PM	6:00 PM	All	IP	Lakewood	C Wolfe, BS, CAS		WAM
Wednesday	6:00 PM	8:00 PM	Male	IP	Lakewood	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety. Grant Funds	WSS2-M
Wednesday	6:00 PM	8:00 PM	All	IP	Lakewood	C Wolfe, BS, CAS		WAM2
Saturday	8:30 AM	9:30 AM	All	IP	Lakewood	K Keenan, BS	DV Track B - Once monthly	SCOG4
Saturday	8:30 AM	10:30 AM	All	IP	Lakewood	R LaBounta, BS, CAS	ICCS	SCOG2
Saturday	10:00 AM	11:00 AM	All	TH		K Keenan, BS	DV Track B - Once monthly	SCOG5
Saturday	10:30 AM	12:30 PM	All	IP	Lakewood	R LaBounta, BS, CAS		SCOG3
<b>Dialectical Behavior Therapy (DBT)</b>								
DUI Level II Therapy								
Monday	5:00 PM	7:00 PM	All	IP	Commerce	C Wolfe, BS, CAS	ICCS	MDBT
Monday	6:00 PM	8:00 PM	Female	IP	Arvada	K Bowling, BS, CAS	Women in Recovery	MWDBT-Trauma
Tuesday	11:00 AM	1:00 PM	All	IP	Commerce	B Tobin, BA	DBT w/Cog Behavior Tx	TDBT1
Wednesday	11:00 AM	1:00 PM	All	TH		R LaBounta, BS, CAS		WDBT4
Wednesday	2:00 PM	3:30 PM	All	IP	Lakewood	J Bailey, MA, LPC, CAS, DVAP, EAGALA	Equine Therapy	WDBT-Eq
Wednesday	4:00 PM	6:00 PM	All	IP	Lakewood	A Nepstad, BS		WDBT2
Wednesday	6:00 PM	8:00 PM	Male	IP	Lakewood	K Bowling, BS, CAS	ICCS	WMDBT2
Wednesday	6:00 PM	8:00 PM	All	IP	Arvada	J Schreiber, MA, LPCC		WDBT
Thursday	4:00 PM	6:00 PM	All	IP	Arvada	K Bowling, BS, CAS	Empowerment	Empower
Thursday	6:00 PM	8:00 PM	Male	IP	Arvada	K Bowling, BS, CAS	Men in Recovery	THMIR2
Thursday	6:00 PM	8:00 PM	Male	TH		K Taylor, MA, MBA, LPC		THDBT2-M
Thursday	6:00 PM	8:00 PM	All	IP	Arvada	B Tobin, BA	ICCS	THDBT
Thursday	6:30 PM	8:30 PM	Female	TH		V Medina, MA, LPCC, NCC		THWDBT

\*Type: IP = In Person only | TH = TeleHealth (remote video sessions only) | HY = Hybrid (In-person + remote video)

## Group Schedule

In-Person, TeleHealth, Hybrid Groups\*

Day	Start	End	Gender	Typ*	Office	Counselor	Comment	Group Code
<b>Domestic Violence (DV)</b>								
Monday	4:30 PM	6:00 PM	Female	TH		S Jones, BS, CAS, DVAP		MDV2-F
Monday	6:00 PM	7:30 PM	Male	IP	Arvada	S Jones, BS, CAS, DVAP		MDV5-M
Monday	6:00 PM	7:30 PM	Male	IP	Lakewood	B Neal, MA, LPCC, Associate Level DVAP		MDV4-M
Tuesday	11:00 AM	12:30 PM	Female	IP	Lakewood	J Bailey, MA, LPC, CAS, DVAP, EAGALA	Equine Therapy	TDV-Eq-F
Tuesday	11:00 AM	12:30 PM	Male	IP	Arvada	S Jones, BS, CAS, DVAP		TDV3-M
Tuesday	5:30 PM	7:00 PM	Male	TH		D Meissner, MA, LAC, LPC, DVAP, ACS		TDV4-M
Tuesday	7:15 PM	8:45 PM	Male	TH		B Neal, MA, LPCC, Associate Level DVAP	ICCS	TDV-M
Wednesday	4:00 PM	5:30 PM	All	IP	Lakewood	J Bailey, MA, LPC, CAS, DVAP, EAGALA	Equine Therapy	WDV-Eq-F
Wednesday	4:30 PM	6:00 PM	Female	TH		J Bailey, MA, LPC, CAS, DVAP, EAGALA		WDV-F
Wednesday	6:00 PM	7:30 PM	Male	TH		B Neal, MA, LPCC, Associate Level DVAP		WMDV-CC
Thursday	3:30 PM	5:00 PM	Male	IP	Lakewood	S Jones, BS, CAS, DVAP		THDV-M
Thursday	5:00 PM	6:30 PM	Male	IP	Commerce	D Meissner, MA, LAC, LPC, DVAP, ACS		THDV8-M
Thursday	6:30 PM	8:00 PM	Male	IP	Commerce	D Meissner, MA, LAC, LPC, DVAP, ACS		THDV9-M
Saturday	8:30 AM	9:30 AM	All	IP	Lakewood	K Keenan, BS	DV Track B - Once monthly	SCOG4
Saturday	10:00 AM	11:00 AM	All	TH		K Keenan, BS	DV Track B - Once monthly	SCOG5
Saturday	10:30 AM	12:00 PM	Male	IP	Lakewood	S Jones, BS, CAS, DVAP		SDVM4
<b>DUI Level II Education (L2Ed)</b>								
Monday	6:00 PM	8:00 PM	All	IP	Arvada	B Tobin, BA		MED
Tuesday	6:30 PM	8:30 PM	All	TH		R LaBounta, BS, CAS		TED2-CC
Wednesday	8:00 PM	10:00 PM	All	TH		K Taylor, MA, MBA, LPC		WL2-Ed
Saturday	10:30 AM	12:30 PM	All	TH		K Taylor, MA, MBA, LPC		SED
<b>DUI Level II Four+ (L2-4+)</b>								
Monday	6:00 PM	8:00 PM	All	TH		J Schreiber, MA, LPCC		ML2-4+
Monday	8:00 PM	10:00 PM	All	TH		K Scott, MA, LPC		ML2-4+(2)
Tuesday	10:00 AM	12:00 PM	All	IP	Lakewood	J Schreiber, MA, LPCC		TL2-4+D
Tuesday	5:00 PM	7:00 PM	All	TH		K Scott, MA, LPC		TL2-4+
Wednesday	4:00 PM	6:00 PM	All	IP	Arvada	J Schreiber, MA, LPCC		WL2-4+E
Wednesday	4:00 PM	6:00 PM	All	TH		K Scott, MA, LPC	ICCS	WL2-4+A
Wednesday	6:00 PM	8:00 PM	All	TH		K Scott, MA, LPC		WL2-4+B

\*Type: IP = In Person only | TH = TeleHealth (remote video sessions only) | HY = Hybrid (In-person + remote video)

## Group Schedule

In-Person, TeleHealth, Hybrid Groups\*

Day	Start	End	Gender	Typ*	Office	Counselor	Comment	Group Code
<b>DUI Level II Therapy</b>								
						A Cross-reference of all our DUI Level II therapy groups		
Monday	10:00 AM	1:00 PM	All	IP	Commerce	J Helm, BS, CAS	Meets M, W, & Th	IOP-CC
Monday	4:00 PM	6:00 PM	All	IP	Arvada	J Helm, BS, CAS		MRP3
Monday	4:00 PM	6:00 PM	Male	IP	Commerce	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety for Men	MSS-M
Monday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Monday	5:00 PM	7:00 PM	All	IP	Commerce	C Wolfe, BS, CAS	ICCS	MDBT
Monday	6:00 PM	8:00 PM	Female	IP	Arvada	K Bowling, BS, CAS	Women in Recovery	MWDBT-Trauma
Monday	6:00 PM	8:00 PM	All	IP	Arvada	J Helm, BS, CAS		MCOG3
Monday	6:00 PM	8:00 PM	All	TH		J Schreiber, MA, LPCC		ML2-4+
Monday	6:00 PM	8:00 PM	Female	IP	Commerce	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety for Women	MSS-F
Monday	7:00 PM	9:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Aftercare / Relapse Prev	MAC-RP
Monday	7:00 PM	9:00 PM	All	TH		J Lopez, BS, CAC III		MRP
Monday	7:00 PM	9:00 PM	All	IP	Lakewood	A Nepstad, BS	ICCS	MMRT
Monday	8:00 PM	10:00 PM	All	TH		K Scott, MA, LPC		ML2-4+(2)
Tuesday	11:00 AM	1:00 PM		TH		K Scott, MA, LPC		TRP6
Tuesday	11:00 AM	1:00 PM	All	IP	Commerce	B Tobin, BA	DBT w/Cog Behavior Tx	TDBT1
Tuesday	11:00 AM	1:00 PM	All	IP	Arvada	C Wolfe, BS, CAS		TT2-AM2
Tuesday	3:00 PM	5:00 PM	All	TH		K Scott, MA, LPC		TCOG4
Tuesday	4:00 PM	6:00 PM	Female	IP	Lakewood	V Medina, MA, LPCC, NCC	Seeking Safety. Grant Funds	TSS-F
Tuesday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Tuesday	6:00 PM	8:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	TSSC1
Tuesday	6:00 PM	8:00 PM	All	TH		B Tobin, BA		TRP3-Arv
Tuesday	6:00 PM	8:00 PM	All	IP	Lakewood	C Wolfe, BS, CAS		TCOG2
Tuesday	8:00 PM	10:00 PM	All	TH		J Helm, BS, CAS		TRP7-Arv
Tuesday	8:00 PM	10:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	TSSC2
Wednesday	10:00 AM	11:30 AM	Female	IP	Lakewood	J Bailey, MA, LPC, CAS, DVAP, EAGALA	Equine Therapy	WRP-Eq-Trauma-F
Wednesday	10:00 AM	1:00 PM	All	IP	Commerce	J Helm, BS, CAS	Meets M, W, & Th	IOP-CC
Wednesday	11:00 AM	1:00 PM	All	TH		R LaBounta, BS, CAS		WDBT4
Wednesday	12:00 PM	1:30 PM	Male	IP	Lakewood	J Bailey, MA, LPC, CAS, DVAP, EAGALA	Equine Therapy	WRP-Eq-Trauma-M
Wednesday	2:00 PM	3:30 PM	All	IP	Lakewood	J Bailey, MA, LPC, CAS, DVAP, EAGALA	Equine Therapy	WDBT-Eq
Wednesday	4:00 PM	6:00 PM	All	TH		R LaBounta, BS, CAS		WRP2-CC
Wednesday	4:00 PM	6:00 PM	All	IP	Lakewood	A Nepstad, BS		WDBT2
Wednesday	5:00 PM	7:00 PM	All	IP	Commerce	J Helm, BS, CAS		WRP1-CC
Wednesday	6:00 PM	8:00 PM	Male	IP	Lakewood	K Bowling, BS, CAS	ICCS	WMDBT2
Wednesday	6:00 PM	8:00 PM	All	IP	Arvada	J Schreiber, MA, LPCC		WDBT
Wednesday	6:00 PM	8:00 PM	Male	IP	Lakewood	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety. Grant Funds	WSS2-M
Thursday	10:00 AM	1:00 PM	All	IP	Commerce	J Helm, BS, CAS	Meets M, W, & Th	IOP-CC
Thursday	4:00 PM	6:00 PM	All	IP	Arvada	K Bowling, BS, CAS	Empowerment	Empower
Thursday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Thursday	6:00 PM	8:00 PM	Male	IP	Arvada	K Bowling, BS, CAS	Men in Recovery	THMIR2
Thursday	6:00 PM	8:00 PM	Male	TH		K Taylor, MA, MBA, LPC		THDBT2-M
Thursday	6:00 PM	8:00 PM	All	IP	Arvada	B Tobin, BA	ICCS	THDBT
Thursday	6:15 PM	8:15 PM	All	TH		J Lopez, BS, CAC III		THRPC
Thursday	6:30 PM	8:30 PM	Female	TH		V Medina, MA, LPCC, NCC		THWDBT
Thursday	7:00 PM	9:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	HOPE	HOPE - RP
Thursday	7:00 PM	9:00 PM	All	IP	Lakewood	C Wolfe, BS, CAS		THSSC1
Saturday	8:15 AM	10:15 AM	All	TH		S Jones, BS, CAS, DVAP		SRP1
Saturday	8:30 AM	10:30 AM	All	IP	Lakewood	R LaBounta, BS, CAS	ICCS	SCOG2
Saturday	9:00 AM	11:00 AM	All	TH		J Lopez, BS, CAC III		SSSC
Saturday	10:30 AM	12:30 PM	All	IP	Lakewood	R LaBounta, BS, CAS		SCOG3
Saturday	11:00 AM	1:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	SSSC2

\*Type: IP = In Person only | TH = TeleHealth (remote video sessions only) | HY = Hybrid (In-person + remote video)

**Group Schedule**

In-Person, TeleHealth, Hybrid Groups\*

Day	Start	End	Gender	Typ*	Office	Counselor	Comment	Group Code
<b>Equine Assisted Treatment Program (EATP)</b>								<b>DUI Level II Therapy</b>
Wednesday	10:00 AM	11:30 AM	Female	IP	Lakewood	J Bailey, MA, LPC, CAS, DVAP, EAGALA	Equine Therapy	WRP-Eq-Trauma-F
Wednesday	12:00 PM	1:30 PM	Male	IP	Lakewood	J Bailey, MA, LPC, CAS, DVAP, EAGALA	Equine Therapy	WRP-Eq-Trauma-M
Wednesday	2:00 PM	3:30 PM	All	IP	Lakewood	J Bailey, MA, LPC, CAS, DVAP, EAGALA	Equine Therapy	WDBT-Eq
Wednesday	4:00 PM	5:30 PM	All	IP	Lakewood	J Bailey, MA, LPC, CAS, DVAP, EAGALA	Equine Therapy	WDV-Eq-F
<b>Family Programs</b>								
Tuesday	6:00 PM	7:30 PM	All	TH		A Nepstad, BS	Parenting	Parenting1
Wednesday	5:00 PM	6:00 PM	All	HY	Commerce	K Taylor, MA, MBA, LPC	CRAFT	CRAFT1
<b>Intensive OutPatient (IOP)</b>								<b>DUI Level II Therapy</b>
Monday	10:00 AM	1:00 PM	All	IP	Commerce	J Helm, BS, CAS	Meets M, W, & Th	IOP-CC
Monday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Tuesday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Wednesday	10:00 AM	1:00 PM	All	IP	Commerce	J Helm, BS, CAS	Meets M, W, & Th	IOP-CC
Thursday	10:00 AM	1:00 PM	All	IP	Commerce	J Helm, BS, CAS	Meets M, W, & Th	IOP-CC
Thursday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
<b>Life Skills &amp; Peer Recovery Coaching (Peer)</b>								
Tuesday	6:30 PM	8:00 PM		IP	Lakewood	J Ramirez, PRC		TLSR3
<b>MAT - Medication-Assisted Treatment (H.O.P.E.)</b>								<b>DUI Level II Therapy</b>
Thursday	7:00 PM	9:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	HOPE	HOPE - RP
<b>Moral Reconciliation Therapy (MRT)</b>								<b>DUI Level II Therapy</b>
Monday	7:00 PM	9:00 PM	All	IP	Lakewood	A Nepstad, BS	ICCS	MMRT
<b>Parenting</b>								
Tuesday	6:00 PM	7:30 PM	All	TH		A Nepstad, BS	Parenting	Parenting1
<b>Recovery Support</b>								<b>Building Long-Term Recovery</b>
Thursday	6:00 PM	8:00 PM	Male	IP	Arvada	K Bowling, BS, CAS	Men in Recovery	THMR2
<b>Relapse Prevention Therapy (RP)</b>								<b>DUI Level II Therapy</b>
Monday	4:00 PM	6:00 PM	All	IP	Arvada	J Helm, BS, CAS		MRP3
Monday	7:00 PM	9:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Aftercare / Relapse Prev	MAC-RP
Monday	7:00 PM	9:00 PM	All	TH		J Lopez, BS, CAC III		MRP
Tuesday	11:00 AM	1:00 PM		TH		K Scott, MA, LPC		TRP6
Tuesday	6:00 PM	8:00 PM	All	TH		B Tobin, BA		TRP3-Arv
Tuesday	8:00 PM	10:00 PM	All	TH		J Helm, BS, CAS		TRP7-Arv
Wednesday	4:00 PM	6:00 PM	All	TH		R LaBounta, BS, CAS		WRP2-CC
Wednesday	4:00 PM	6:00 PM		IP	Lakewood	B Thompson, MS, LAC, LPCC, NCC		WRP4
Wednesday	5:00 PM	7:00 PM	All	IP	Commerce	J Helm, BS, CAS		WRP1-CC
Thursday	4:00 PM	6:00 PM	All	IP	Commerce	V Medina, MA, LPCC, NCC	Creating Change	THR7
Thursday	6:15 PM	8:15 PM	All	TH		J Lopez, BS, CAC III		THR6
Thursday	7:00 PM	9:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	HOPE	HOPE - RP
Saturday	8:15 AM	10:15 AM	All	TH		S Jones, BS, CAS, DVAP		SRP1
<b>Seeking Safety (SS)</b>								
Monday	4:00 PM	6:00 PM	Male	IP	Commerce	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety for Men	MSS-M
Monday	6:00 PM	8:00 PM	Female	IP	Commerce	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety for Women	MSS-F
Tuesday	4:00 PM	6:00 PM	Female	IP	Lakewood	V Medina, MA, LPCC, NCC	Seeking Safety. Grant Funds	TSS-F
Wednesday	6:00 PM	8:00 PM	Male	IP	Lakewood	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety. Grant Funds	WSS2-M

\*Type: IP = In Person only | TH = TeleHealth (remote video sessions only) | HY = Hybrid (In-person + remote video)

**Group Schedule**

In-Person, TeleHealth, Hybrid Groups\*

Day	Start	End	Gender	Typ*	Office	Counselor	Comment	Group Code
-----	-------	-----	--------	------	--------	-----------	---------	------------

<b>Strategies for Self-Improvement &amp; Change (SSIC)</b>								DUI Level II Therapy
Tuesday	6:00 PM	- 8:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	TSSC1
Tuesday	8:00 PM	- 10:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	TSSC2
Thursday	7:00 PM	- 9:00 PM	All	IP	Lakewood	C Wolfe, BS, CAS		THSSC1
Saturday	9:00 AM	- 11:00 AM	All	TH		J Lopez, BS, CAC III		SSSC
Saturday	11:00 AM	- 1:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	SSSC2

<b>Trauma-informed Therapy</b>								DUI Level II Therapy
Monday	4:00 PM	- 6:00 PM	Male	IP	Commerce	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety for Men	MSS-M
Monday	6:00 PM	- 8:00 PM	Female	IP	Arvada	K Bowling, BS, CAS	Women in Recovery	MWDBT-Trauma
Monday	6:00 PM	- 8:00 PM	Female	IP	Commerce	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety for Women	MSS-F
Tuesday	4:00 PM	- 6:00 PM	Female	IP	Lakewood	V Medina, MA, LPCC, NCC	Seeking Safety. Grant Funds	TSS-F
Wednesday	10:00 AM	- 11:30 AM	Female	IP	Lakewood	J Bailey, MA, LPC, CAS, DVAP, EAGALA	Equine Therapy	WRP-Eq-Trauma-F
Wednesday	12:00 PM	- 1:30 PM	Male	IP	Lakewood	J Bailey, MA, LPC, CAS, DVAP, EAGALA	Equine Therapy	WRP-Eq-Trauma-M
Wednesday	6:00 PM	- 8:00 PM	Male	IP	Lakewood	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety. Grant Funds	WSS2-M

\*Type: IP = In Person only | TH = TeleHealth (remote video sessions only) | HY = Hybrid (In-person + remote video)