

Mar 7, 2024

303.467.2624 • OfficeStaff@CreativeTreatmentOptions.com • 7585 W. 66th Ave, Bldg C • Arvada, CO 80003

Mar 7, 2024

## Group Schedule

In-Person, TeleHeath, Hybrid Groups\*

Day	Start	End	Gender	Typ*	Office	Counselor	Comment	Group Code
<b>Acceptance &amp; Commitment Therapy (ACT)</b>						<b>DUI Level II Therapy</b>		
Thursday	6:00 PM	8:00 PM	All	IP	Arvada	K Bowling, BS, CAS	ACT	THRPACT
<b>Aftercare / Continuing Case</b>								
Monday	7:00 PM	9:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Aftercare / Relapse Prev	MAC-RP
<b>Anger Management Therapy</b>								
Wednesday	4:00 PM	6:00 PM	All	IP	Lakewood	C Wolfe, BS, CAS		WAM
<b>Cognitive Restructuring Therapy (COG)</b>						<b>DUI Level II Therapy</b>		
Monday	3:00 PM	5:00 PM	All	TH		K Holmes, BS, CAS, UP		MRP-COG
Monday	4:00 PM	6:00 PM	Male	IP	Commerce	J Kirkpatrick, MA, LPCC	Seeking Safety for Men	MSS-M
Monday	6:00 PM	8:00 PM	All	IP	Arvada	J Helm, BS, CAS		MCOG3
Monday	6:00 PM	8:00 PM	Female	IP	Commerce	J Kirkpatrick, MA, LPCC	Seeking Safety for Women	MSS-F
Tuesday	11:00 AM	1:00 PM	All	IP	Arvada	T Courtney, BS, CAT		TT2-AM2
Tuesday	4:00 PM	6:00 PM	Female	IP	Lakewood	V Medina, MA, LPCC, NCC	Seeking Safety. Grant Funds	TSS-F
Tuesday	6:00 PM	8:00 PM	All	IP	Lakewood	C Wolfe, BS, CAS		TCOG2
Wednesday	4:00 PM	6:00 PM	All	IP	Lakewood	C Wolfe, BS, CAS		WAM
Wednesday	6:00 PM	8:00 PM	Male	IP	Lakewood	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety. Grant Funds	WSS2-M
Saturday	8:30 AM	10:30 AM	All	IP	Lakewood	P Benevides, MSW	ICCS	SCOG2
Saturday	10:30 AM	12:30 PM	All	IP	Lakewood	P Benevides, MSW		SCOG3
<b>Dialectical Behavior Therapy (DBT)</b>						<b>DUI Level II Therapy</b>		
Monday	5:00 PM	7:00 PM	All	IP	Commerce	C Wolfe, BS, CAS	ICCS	MDBT
Monday	6:00 PM	8:00 PM	Female	IP	Arvada	K Bowling, BS, CAS	Women in Recovery	VWDBT-Trauma
Tuesday	6:00 PM	8:00 PM	Male	IP	Arvada	K Bowling, BS, CAS	Men in Recovery	TMIR1
Wednesday	11:00 AM	1:00 PM	All	TH		K Holmes, BS, CAS, UP		WDBT4
Wednesday	4:00 PM	6:00 PM	All	IP	Lakewood	A Nepstad, BS		WDBT2
Wednesday	6:00 PM	8:00 PM	Male	IP	Lakewood	K Bowling, BS, CAS	ICCS	WMDBT2
Wednesday	6:00 PM	8:00 PM	All	IP	Arvada	J Schreiber, MA, LPCC		WDBT
Thursday	6:00 PM	8:00 PM	Male	TH		K Taylor, MA, MBA, LPC		THDBT2-M
Thursday	6:15 PM	8:15 PM	All	IP	Arvada	T Courtney, BS, CAT	ICCS	THDBT
Thursday	6:30 PM	8:30 PM	Female	TH		V Medina, MA, LPCC, NCC		THWDBT

\*Type: IP = In Person only | TH = TeleHealth (remote video sessions only) | HY = Hybrid (In-person + remote video)

Thursday, March 7, 2024

[www.CreativeTreatmentOptions.com/GroupSchedule](http://www.CreativeTreatmentOptions.com/GroupSchedule)

Page 1 of 5

**Group Schedule**

In-Person, TeleHeath, Hybrid Groups\*

Day	Start	End	Gender	Typ*	Office	Counselor	Comment	Group Code
-----	-------	-----	--------	------	--------	-----------	---------	------------

**Domestic Violence (DV)**

Monday	4:30 PM	- 6:00 PM	Female	TH		S Jones, BS, CAS, DVAP		MDV2-F
Monday	6:00 PM	- 7:30 PM	Male	IP	Arvada	S Jones, BS, CAS, DVAP		MDV5-M
Monday	6:00 PM	- 7:30 PM	Male	IP	Lakewood	B Neal, MA, LPCC, Associate DVAP		MDV4-M
Tuesday	11:00 AM	- 12:30 PM	Male	IP	Arvada	S Jones, BS, CAS, DVAP		TDV3-M
Tuesday	6:00 PM	- 7:30 PM	Female	IP	Arvada	S Jones, BS, CAS, DVAP		TDV-F2
Tuesday	6:00 PM	- 7:30 PM	Male	TH		D Meissner, MA, LAC, LPC, DVAP, ACS		TDV4-M
Tuesday	8:00 PM	- 9:30 PM	Male	TH		B Neal, MA, LPCC, Associate DVAP	ICCS	TDV-M
Wednesday	4:30 PM	- 6:00 PM	Female	TH		J Bailey, MA, LPCC, CAS, DVAP, EAGALA		WDV-F
Wednesday	6:00 PM	- 7:30 PM	Male	TH		B Neal, MA, LPCC, Associate DVAP		WMDV-CC
Thursday	12:00 PM	- 1:30 PM	Male	TH		B Neal, MA, LPCC, Associate DVAP		THDV5-M
Thursday	3:30 PM	- 5:00 PM	Male	IP	Lakewood	S Jones, BS, CAS, DVAP		THDV-M
Thursday	6:00 PM	- 8:00 PM	All	IP	Arvada	B Neal, MA, LPCC, Associate DVAP	DV Orientation (1 sess only)	DV-Orient. Wk 1
Thursday	6:00 PM	- 8:00 PM	All	IP	Arvada	B Neal, MA, LPCC, Associate DVAP	DV Orientation (1 sess only)	DV-Orient. Wk 2
Thursday	6:00 PM	- 8:00 PM	All	IP	Arvada	B Neal, MA, LPCC, Associate DVAP	DV Orientation (1 sess only)	DV-Orient. Wk 3
Thursday	6:00 PM	- 8:00 PM	All	IP	Arvada	B Neal, MA, LPCC, Associate DVAP	DV Orientation (1 sess only)	DV-Orient. Wk 4
Saturday	10:30 AM	- 12:00 PM	Male	IP	Lakewood	S Jones, BS, CAS, DVAP		SDVM4

**DUI Level II Education**

Monday	6:00 PM	- 8:00 PM	All	IP	Arvada	B Thompson, MS, LAC, LPCC, NCC		MED
Tuesday	6:30 PM	- 8:30 PM	All	TH		T Courtney, BS, CAT		TED2-CC
Wednesday	8:00 PM	- 10:00 PM	All	TH		J Helm, BS, CAS		WL2-Ed
Saturday	10:30 AM	- 12:30 PM	All	TH		K Holmes, BS, CAS, UP		SED

**DUI Level II Four+**

Monday	6:00 PM	- 8:00 PM	All	TH		J Schreiber, MA, LPCC		ML2-4+
Monday	8:00 PM	- 10:00 PM	All	TH		J Schreiber, MA, LPCC		ML2-4+(2)
Tuesday	5:00 PM	- 7:00 PM	All	TH		K Scott, MA, LPC		TL2-4+
Wednesday	4:00 PM	- 6:00 PM	All	IP	Arvada	J Schreiber, MA, LPCC		WL2-4+E
Wednesday	4:00 PM	- 6:00 PM	All	TH		K Scott, MA, LPC	ICCS	WL2-4+A
Wednesday	6:00 PM	- 8:00 PM	All	TH		K Scott, MA, LPC		WL2-4+B

## Group Schedule

In-Person, TeleHeath, Hybrid Groups\*

Day	Start	End	Gender	Typ*	Office	Counselor	Comment	Group Code
-----	-------	-----	--------	------	--------	-----------	---------	------------

**DUI Level II Therapy**

A Cross-reference of all our DUI Level II therapy groups

Monday	12:00 PM	- 3:00 PM	All	IP	Commerce	J Helm, BS, CAS		IOP-CC
Monday	4:00 PM	- 6:00 PM	All	IP	Arvada	J Helm, BS, CAS		MRP3
Monday	4:00 PM	- 6:00 PM	Male	IP	Commerce	J Kirkpatrick, MA, LPCC	Seeking Safety for Men	MSS-M
Monday	4:00 PM	- 7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Monday	5:00 PM	- 7:00 PM	All	IP	Commerce	C Wolfe, BS, CAS	ICCS	MDBT
Monday	6:00 PM	- 8:00 PM	Female	IP	Arvada	K Bowling, BS, CAS	Women in Recovery	VWDBT-Trauma
Monday	6:00 PM	- 8:00 PM	All	IP	Arvada	J Helm, BS, CAS		MCOG3
Monday	6:00 PM	- 8:00 PM	Female	IP	Commerce	J Kirkpatrick, MA, LPCC	Seeking Safety for Women	MSS-F
Monday	7:00 PM	- 9:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Aftercare / Relapse Prev	MAC-RP
Monday	7:00 PM	- 9:00 PM	All	TH		J Lopez, BS, CAC III		MRP
Monday	7:00 PM	- 9:00 PM	All	IP	Lakewood	A Nepstad, BS	ICCS	MMRT
Tuesday	11:00 AM	- 1:00 PM	All	IP	Arvada	T Courtney, BS, CAT		TT2-AM2
Tuesday	11:00 AM	- 1:00 PM		TH		K Scott, MA, LPC		TRP6
Tuesday	4:00 PM	- 6:00 PM	Female	IP	Lakewood	V Medina, MA, LPCC, NCC	Seeking Safety. Grant Funds	TSS-F
Tuesday	4:00 PM	- 7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Tuesday	6:00 PM	- 8:00 PM	Male	IP	Arvada	K Bowling, BS, CAS	Men in Recovery	TMIR1
Tuesday	6:00 PM	- 8:00 PM	All	TH		J Helm, BS, CAS		TRP3-Arv
Tuesday	6:00 PM	- 8:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	TSSC1
Tuesday	6:00 PM	- 8:00 PM	All	IP	Lakewood	C Wolfe, BS, CAS		TCOG2
Tuesday	8:00 PM	- 10:00 PM	All	TH		J Helm, BS, CAS		TRP7-Arv
Tuesday	8:00 PM	- 10:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	TSSC2
Wednesday	11:00 AM	- 1:00 PM	All	TH		K Holmes, BS, CAS, UP		WDBT4
Wednesday	12:00 PM	- 3:00 PM	All	IP	Commerce	J Helm, BS, CAS		IOP-CC
Wednesday	4:00 PM	- 6:00 PM	All	TH		T Courtney, BS, CAT		WRP2-CC
Wednesday	4:00 PM	- 6:00 PM	All	IP	Lakewood	A Nepstad, BS		WDBT2
Wednesday	4:00 PM	- 6:00 PM	All	IP	Arvada	J Schreiber, MA, LPCC		WL2-4+E
Wednesday	5:00 PM	- 7:00 PM	All	IP	Commerce	J Helm, BS, CAS		WRP1-CC
Wednesday	6:00 PM	- 8:00 PM	Male	IP	Lakewood	K Bowling, BS, CAS	ICCS	WMDBT2
Wednesday	6:00 PM	- 8:00 PM		IP	Commerce	T Courtney, BS, CAT		WSTOP-CC
Wednesday	6:00 PM	- 8:00 PM	All	IP	Arvada	J Schreiber, MA, LPCC		WDBT
Wednesday	6:00 PM	- 8:00 PM	Male	IP	Lakewood	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety. Grant Funds	WSS2-M
Thursday	12:00 PM	- 3:00 PM	All	IP	Commerce	J Helm, BS, CAS		IOP-CC
Thursday	4:00 PM	- 7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Thursday	6:00 PM	- 8:00 PM	Male	TH		K Taylor, MA, MBA, LPC		THDBT2-M
Thursday	6:15 PM	- 8:15 PM	All	IP	Arvada	T Courtney, BS, CAT	ICCS	THDBT
Thursday	6:15 PM	- 8:15 PM	All	TH		J Lopez, BS, CAC III		THRPC
Thursday	6:30 PM	- 8:30 PM	Female	TH		V Medina, MA, LPCC, NCC		THWDBT
Thursday	7:00 PM	- 9:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	HOPE	HOPE - RP
Thursday	7:00 PM	- 9:00 PM	All	IP	Lakewood	C Wolfe, BS, CAS		THSSC1
Saturday	8:15 AM	- 10:15 AM	All	TH		S Jones, BS, CAS, DVAP		SRP1
Saturday	8:30 AM	- 10:30 AM	All	IP	Lakewood	P Benevides, MSW	ICCS	SCOG2
Saturday	9:00 AM	- 11:00 AM	All	TH		J Lopez, BS, CAC III		SSSC
Saturday	10:30 AM	- 12:30 PM	All	IP	Lakewood	P Benevides, MSW		SCOG3
Saturday	10:30 AM	- 12:30 PM	All	TH		A Nepstad, BS		SMRT
Saturday	11:00 AM	- 1:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	SSSC2

**Family Programs**

Tuesday	6:00 PM	- 7:30 PM	All	TH		A Nepstad, BS	Parenting	Parenting1
Wednesday	5:00 PM	- 6:00 PM	All	HY	Commerce	K Taylor, MA, MBA, LPC	CRAFT	CRAFT1

\*Type: IP = In Person only | TH = TeleHealth (remote video sessions only) | HY = Hybrid (In-person + remote video)

**Group Schedule**

In-Person, TeleHeath, Hybrid Groups\*

Day	Start	End	Gender	Typ*	Office	Counselor	Comment	Group Code
<b>Intensive OutPatient (IOP)</b>						<b>DUI Level II Therapy</b>		
Monday	12:00 PM	3:00 PM	All	IP	Commerce	J Helm, BS, CAS		IOP-CC
Monday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Tuesday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Wednesday	12:00 PM	3:00 PM	All	IP	Commerce	J Helm, BS, CAS		IOP-CC
Thursday	12:00 PM	3:00 PM	All	IP	Commerce	J Helm, BS, CAS		IOP-CC
Thursday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
<b>Life Skills &amp; Peer Recovery Coaching</b>								
Thursday	6:00 PM	7:30 PM	All	IP	Lakewood	J Ramirez, PRC		LSR2
<b>MAT - Medication-Assisted Treatment (H.O.P.E.)</b>						<b>DUI Level II Therapy</b>		
Thursday	7:00 PM	9:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	HOPE	HOPE - RP
<b>Moral Reconciliation Therapy (MRT)</b>						<b>DUI Level II Therapy</b>		
Monday	7:00 PM	9:00 PM	All	IP	Lakewood	A Nepstad, BS	ICCS	MMRT
Wednesday	7:00 PM	9:00 PM	All	TH		A Nepstad, BS		WMRT4
Saturday	10:30 AM	12:30 PM	All	TH		A Nepstad, BS		SMRT
<b>Parenting</b>								
Tuesday	6:00 PM	7:30 PM	All	TH		A Nepstad, BS	Parenting	Parenting1
<b>Quick Access to Recovery</b>						<b>Peer-led skills group</b>		
Tuesday	6:00 PM	7:30 PM	All	IP	Arvada	J Ramirez, PRC	Also Lkw on Thu, CC on Wed	QAR1
Wednesday	5:00 PM	6:00 PM		IP	Commerce	J Ramirez, PRC	Also Arv on Tue, Lkw on Thu	QAR3
Thursday	6:00 PM	7:30 PM	All	IP	Lakewood	T Smith, CACIII	Also Arv on Tue, CC on Wed	QAR2
<b>Recovery Support</b>						<b>Building Long-Term Recovery</b>		
Tuesday	6:00 PM	8:00 PM	Male	IP	Arvada	K Bowling, BS, CAS	Men in Recovery	TMIR1
<b>Relapse Prevention Therapy</b>						<b>DUI Level II Therapy</b>		
Monday	3:00 PM	5:00 PM	All	TH		K Holmes, BS, CAS, UP		MRP-COG
Monday	4:00 PM	6:00 PM	All	IP	Arvada	J Helm, BS, CAS		MRP3
Monday	7:00 PM	9:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Aftercare / Relapse Prev	MAC-RP
Monday	7:00 PM	9:00 PM	All	TH		J Lopez, BS, CAC III		MRP
Tuesday	11:00 AM	1:00 PM		TH		K Scott, MA, LPC		TRP6
Tuesday	6:00 PM	8:00 PM	All	TH		J Helm, BS, CAS		TRP3-Arv
Tuesday	8:00 PM	10:00 PM	All	TH		J Helm, BS, CAS		TRP7-Arv
Wednesday	4:00 PM	6:00 PM	All	TH		T Courtney, BS, CAT		WRP2-CC
Wednesday	4:00 PM	6:00 PM		IP	Lakewood	B Thompson, MS, LAC, LPCC, NCC		WRP4
Wednesday	5:00 PM	7:00 PM	All	IP	Commerce	J Helm, BS, CAS		WRP1-CC
Thursday	6:15 PM	8:15 PM	All	TH		J Lopez, BS, CAC III		THRPC
Thursday	7:00 PM	9:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	HOPE	HOPE - RP
Saturday	8:15 AM	10:15 AM	All	TH		S Jones, BS, CAS, DVAP		SRP1
<b>Seeking Safety</b>								
Monday	4:00 PM	6:00 PM	Male	IP	Commerce	J Kirkpatrick, MA, LPCC	Seeking Safety for Men	MSS-M
Monday	6:00 PM	8:00 PM	Female	IP	Commerce	J Kirkpatrick, MA, LPCC	Seeking Safety for Women	MSS-F
Tuesday	4:00 PM	6:00 PM	Female	IP	Lakewood	V Medina, MA, LPCC, NCC	Seeking Safety. Grant Funds	TSS-F
Wednesday	6:00 PM	8:00 PM	Male	IP	Lakewood	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety. Grant Funds	WSS2-M
<b>Stimulant Outpatient Therapy (STOP)</b>						<b>DUI Level II Therapy</b>		
Wednesday	6:00 PM	8:00 PM		IP	Commerce	T Courtney, BS, CAT		WSTOP-CC

\*Type: IP = In Person only | TH = TeleHealth (remote video sessions only) | HY = Hybrid (In-person + remote video)

**Group Schedule**

In-Person, TeleHeath, Hybrid Groups\*

Day	Start	End	Gender	Typ*	Office	Counselor	Comment	Group Code
-----	-------	-----	--------	------	--------	-----------	---------	------------

**Strategies for Self-Improvement & Change (SSIC)**

DUI Level II Therapy

Tuesday	6:00 PM	- 8:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	TSSC1
Tuesday	8:00 PM	- 10:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	TSSC2
Thursday	7:00 PM	- 9:00 PM	All	IP	Lakewood	C Wolfe, BS, CAS		THSSC1
Saturday	9:00 AM	- 11:00 AM	All	TH		J Lopez, BS, CAC III		SSSC
Saturday	11:00 AM	- 1:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	SSSC2

**Trauma-informed Therapy**

DUI Level II Therapy

Monday	4:00 PM	- 6:00 PM	Male	IP	Commerce	J Kirkpatrick, MA, LPCC	Seeking Safety for Men	MSS-M
Monday	6:00 PM	- 8:00 PM	Female	IP	Arvada	K Bowling, BS, CAS	Women in Recovery	VWDBT-Trauma
Monday	6:00 PM	- 8:00 PM	Female	IP	Commerce	J Kirkpatrick, MA, LPCC	Seeking Safety for Women	MSS-F
Tuesday	4:00 PM	- 6:00 PM	Female	IP	Lakewood	V Medina, MA, LPCC, NCC	Seeking Safety. Grant Funds	TSS-F
Wednesday	6:00 PM	- 8:00 PM	Male	IP	Lakewood	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety. Grant Funds	WSS2-M